

2017

# MEDICAL DIRECTORY



YOUR GUIDE TO OUR SERVICES,  
SPECIALISTS AND CLINICS

# WE ARE DELIGHTED THAT **98.6%** OF PATIENTS WOULD RECOMMEND THE KNOXVILLE CLINIC\*

We are focused on just one thing - **YOU**. Our entire team is as committed to delivering exceptional healthcare as we are to treating you like a member of our family. That's why we are the premier destination for healthcare services.

Listed in alphabetical order in this booklet are the many healthcare services we offer to patients at convenient times and locations close to where they live and work. **See pages 6 and 7 for a list of our primary care providers.**

\*January 2017 Press Ganey Survey (Mean Score)

## Activities and Animal-Assisted Therapy Program

Visits to the hospital can sometimes be too long. But they don't have to be boring. Our activity leader and volunteers coordinate many fun and creative activities for all age groups. The activity room is open during the day for patients and families to relax and take a break from the hospital routine. Many of our patients also enjoy a visit from one of the therapy dogs.

**Lynda DeBold**  
Patient Activities  
Ph. 641-842-1279

## Acute Care

Life-threatening emergencies, such as a heart attack or serious head injury, require a visit to the emergency department. KHC's acute care services are intended to assist patients with an illness or injury that does not appear to be life-threatening, but also can't wait until the next day or for the primary care provider to see them. Acute care is open to everyone.



**Nick Ford, P.A.**  
Ph. 641-842-7004



**Jennifer Wilkin, ARNP**  
Ph. 641-842-7004

**Knoxville Clinic**  
Hospital-Acute Care  
Monday-Friday:  
7:30 a.m. – 7 p.m.  
Saturday: 8 a.m. – 2 p.m.  
Ph. 641-842-7211

## Allergy Services

If you or your children suffer from allergies, asthma, hay fever, sinusitis, rashes, hives, or reactions to foods or drugs, Allergy Services can help. Examinations, testing and treatments are available.

Allergy clinics are held Tuesdays and Wednesdays for patients receiving immunotherapy vaccine injections.

Allergy Services  
**Michael Van Natta, D.O.**  
Ph. 641-842-7006

Allergy Clinic  
**Teresa Glesener, RN**  
Ph. 641-842-2229

## Anticoagulation Clinic

If you have an existing blood clot or are at risk of developing one, you may be referred to the Anticoagulation Clinic to receive anticoagulation (blood thinning) treatments, like warfarin (Coumadin®). A referral from a medical provider is required. Clinic open Wednesdays, 8 a.m. - 5 p.m.

**Terry Rose, RN**  
Ph. 641-842-7211

## Audiology and Hearing Aid Services

Our providers offer a full range of audiological services, including complete hearing evaluations, tinnitus evaluations, hearing aid consultations, hearing aid customization, etc.,

to help patients make the best choices regarding their hearing care needs.



**Dean Kayser, AuD, FAAA**  
Kayser Hearing Aid and Audiology Centers  
Ph. 515-264-9619



**Cyndi Lister, HAS**  
Woodard Hearing Centers  
Ph. 515-276-6122

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### Blood Transfusion Services

KHC's Laboratory supports the hospital's Blood Transfusion Services, which provide blood components and/or products for routine and emergency transfusion of inpatients

and outpatients.

**Lori Major, Coordinator**  
Ph. 641-842-1508

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### Cardiology

Risk assessment and prevention strategies, along with detection, treatment options and cardiac rehabilitation come together to provide a full spectrum of cardiology services at KHC.

**Iowa Heart Mobile**  
Ph. 641-842-1441



**Jolene Runkel, ARNP**  
Iowa Heart Center  
Ph. 515-235-5000



**William Wickemeyer, M.D.**  
Iowa Heart Center  
Ph. 515-235-5000

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### Cardiac and Pulmonary Rehab

Cardiac and Pulmonary Rehabilitation is a specialized program aimed at improving the health and wellness for individuals that have either heart or lung disease. This department also offers periodic smoking cessation classes. A medical referral is required.

**Julie Waltenberger, RN**  
Ph. 641-842-1558

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### Cardiac Stress Lab

The Cardiac Stress Lab provides cardiovascular testing and screening services. A cardiac stress test measures how the heart performs in response to exercise or stress; and are often performed to help determine the cause of chest pain or shortness-of-breath. Stress tests also help diagnose narrowing of the heart's blood vessels, which is indicative of coronary artery disease. A medical referral is required.

**Brian Clarke**  
Nuclear Medicine  
Ph. 641-842-1467

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### Chronic Care Management

The Chronic Care Management program consists of non-face-to-face services provided to Medicare beneficiaries who have multiple significant chronic conditions expected to last a year or longer, and who are at risk of death or functional decline. The CCM program assists patients with: assessing needed health services; coordinating care; enhancing their self-management skills, health behaviors and compliance with their plan of care; and maintaining health and functioning. Persons interested in participating in this low-cost, high-value program can learn more by contacting their primary care provider. Patient enrollment and consent is required to participate.

**Holly Shinn, RN**  
Clinic Director  
Ph. 641-842-7009

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### Dermatology

At KHC, our medical providers treat everyday skin conditions, such as acne, eczema, skin allergies, and the most difficult of

skin conditions. Our specialists offer an array of medical, surgical and cosmetic dermatology services to help patients look and feel their best.



**Anne Nelson, ARNP**  
Bergman Folkers Plastic Surgery  
Ph. 641-842-1441



**Linda Schilling, MSN, ARNP**  
Skiff Medical Center  
Ph. 641-842-1441

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### Diabetes Education Program

The Diabetes Education Program provides: Type 1 and Type 2 diabetes education; problem-

solving; insulin pump instruction; continuous glucose monitoring; gestational diabetes education; outpatient medical nutrition therapy; nutrition counseling; goal setting and Glucometer instruction; and recommendations for lifestyle modification and weight loss. Family members or caregivers can receive training and instruction at the same time as the patient for no additional cost.

**Sarah Neary, RD, LD**  
Ph. 641-842-1519

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### Emergency Medical Services

The Emergency Department is open 24-hours a day, delivering emergency care to persons suffering from critical illnesses and traumatic injuries.

As a critical access hospital, staff also provide crucial stabilize-and-transfer functions before transport via Mercy One, a helicopter stationed in Knoxville.

**Kellie Jones, Director**  
641-842-1268 (ER Desk)

**Dial 911 for emergency services**

## Family Medicine

In the increasingly fragmented world of healthcare, one thing remains constant - your primary care provider. Family medicine's cornerstone is an ongoing, personal patient-provider relationship focusing on coordinated care delivered over your lifetime. It's a place you can call your "Medical Home." Our clinic locations in Knoxville, Melcher-Dallas and Pleasantville make it convenient to get exceptional healthcare close to where you work or live. *New patients are being accepted.*

### Tips for choosing a primary care provider.

- 1) Determine if the provider is covered under your insurance plan.
- 2) Find a provider with the expertise that meets your needs.
- 3) Ask for referrals.
- 4) Think about whether their office is close to home or work.
- 5) Come take a visit and meet the provider face-to-face.

*Our primary care providers are featured here.*



**Brandi Booth, ARNP**  
Ph. 515-848-3113



**Laci Dykstra, ARNP**  
Ph. 641-842-7007



**Martha Errthum, D.O.**  
Ph. 641-842-7006



**Brent Hoehns, M.D.**  
Ph. 641-842-7004



**Cynthia Hoque, D.O.**  
Ph. 641-842-7211



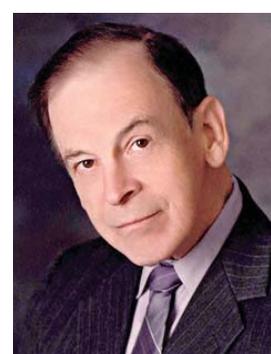
**Bhamu J., M.D.**  
Ph. 641-842-7006



**Ryan Laughlin, D.O.**  
Ph. 641-842-7211



**James Law, D.O.**  
Ph. 641-842-7211



**Earl J. McKeever, M.D.**  
Ph. 641-842-7005



**Shannon Remington, D.O.**  
Ph. 641-842-7005



**Natalie Rowley, P.A.**  
Ph. 641-842-7007



**Michael Van Natta, D.O.**  
Ph. 641-842-7006



**Mack Worthington, D.O.**  
Ph. 641-842-7004

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**If you have any questions concerning the family medicine clinics and their services, contact Holly Shinn, Director, Clinic Staff, call 641-842-7009**

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### **Health Coach**

KHC's health coach educates and supports patients to achieve their health goals through lifestyle and behavior adjustments.

**Danise Hyatt, RN**  
Health Coach  
Ph. 641-842-7008

### **Hospital (Medical-Surgical Unit)**

Our healthcare team goes the extra mile to provide patients with a safe and comfortable environment so they can focus on recovery. In most situations, patients receive care from either a specialist or a hospitalist physician. The doctors and nurses in the hospital also work with a team of professionals who may be involved in a patient's care, including: transitional care coordinator, patient advocate, pharmacists, respiratory therapists, dietitians, as well as physical, occupational and speech therapists.

The doctors, nurses and other clinical staff in the Medical-Surgical Unit are trained to care for patients recovering from illness or injury, as well as those who need

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additional care after a surgery.

**Larry Van Baale, Coordinator**  
Ph. 641-842-1592

### **Imaging**

The Imaging Department is dedicated to providing the highest-quality diagnostic images possible - with the highest level of patient safety. Services offered include: diagnostic radiology; diagnostic ultrasound, including vascular imaging; computerized tomography (CT) scan; magnetic resonance imaging (MRI); bone density scanning; electrocardiogram (EKG); nuclear medicine scan; stereotactic breast biopsies; and digital mammography.

**Matt Byrd, Director**  
Ph. 641-842-1466

### **Infection Prevention**

The main focus of the Infection Prevention department is the prevention, management and control of communicable diseases. The department strives to ensure a healthy, safe environment for patients, as well as

employees and visitors.

**Barb Anderson, Director**  
Ph. 641-842-1458

### **Infusion Center**

KHC's Infusion Center provides outpatient ambulatory infusion therapy in a comfortable and convenient location. We offer a range of infusion therapies, including, but not limited to: antibiotic therapy and traditional IV medications, hydration therapy, blood transfusions, and anti-rejection medication. The Infusion Center offers flexible scheduling Monday through Friday, 7 a.m. - 3:30 p.m., with added availability on weekends, as needed. A referral from your healthcare provider is required

**Sue Flander, RN**  
Ph. 641-842-1510

### **Inpatient Hospice Care**

KHC's hospice care includes:

- **General Inpatient Care** for persons with pain or symptoms that cannot be managed successfully at

home.

- **Respite Inpatient Care** for hospice patients when primary caregivers need a break, which is normal and often necessary for the physical and emotional well-being of the caregiver.
- **Final Care** for patients who are unable to remain at home during the last days of life.

Inpatient hospice care services are arranged in coordination with the patient's outpatient hospice care provider and primary care provider.

### **Inpatient Pharmaceutical Services**

KHC's Pharmacy Department provides comprehensive, inpatient pharmacy service to patients who are in the hospital, surgical center, Infusion Center, Acute Care, Emergency Department and other service areas.

**Troy Padellford, R.Ph. Director**  
Ph. 641-842-1433

### **Laboratory**

KHC's Laboratory Department provides emergency, inpatient and outpatient testing services 24 hours a day, seven days a week. The full-service laboratory provides a wide range of diagnostic tests that our healthcare providers rely on to help their patients remain healthy, along with providing support through cardiac concerns, kidney function, diabetes and thyroid disorders, and hundreds of medical conditions. Many of these services are also offered for our satellite clinics in Pleasantville and Melcher-Dallas. The Laboratory is CLIA certified and Medicare approved.

**Lori Major, Coordinator**  
Ph. 641-842-1459

### **Medicare Wellness Clinic**

The "Welcome to Medicare" preventive visit and yearly Medicare "Wellness" visit are Medicare benefits that help patients develop a personalized plan to prevent disease, improve health and help stay well. Call the Knoxville

Hospital Clinic to confirm eligibility for these services, and schedule your appointment.

**Terry Rose, RN**  
Ph. 641-842-7211

### **Nuclear Medicine**

Nuclear medicine is a medical imaging specialty that is used to diagnose and treat diseases in a safe and painless way. Nuclear medicine refers to a drug that is attached to a small quantity of radioactive material (a radioisotope). Common nuclear medicine imaging include scans of the brain, breast, bone, gastrointestinal system, heart, liver, gallbladder, bile ducts, kidney, and thyroid. A medical referral is required.

**Brian Clarke**  
Knoxville Nuclear Medicine  
Ph. 641-842-1467

## Obstetrics & Gynecology

KHC supports women throughout their lifelong journey from childbearing age to menopause and beyond. Our obstetrics and gynecology services include: annual physical examinations; prenatal and postpartum care; evaluation and treatment of gynecology conditions; care for menopause; and contraceptive care.

Although babies are not routinely delivered at KHC, the hospital is affiliated with Mercy in Des Moines, the place where our expectant patients are referred for delivery and care during their last few weeks of pregnancy. Following delivery, our new moms return to KHC to receive their postpartum and infant care - close to home.



**Tamara Dassanayake, MD, F.A.C.O.G.**  
Obstetrical & Gynecological Associates P.L.C. of Des Moines  
Ph. 515-288-3287

## Occupational Health

The goal of our Occupational Health services is to build a strong working relationship with businesses and industries to ensure the safety and good health of their employees. KHC offers a variety of occupational health services throughout its healthcare system, and is willing to work with each industry or business to customize a program that meets their individual needs.

**Nancy Greiner, RN**  
Ph. 641-842-1440

## Oncology

KHC's primary care providers and surgeons work closely with medical oncologist and hematologist Dr. Roscoe F. Morton of Medical Oncology and Hematology Associates. Many surgical and nonsurgical cancer-related procedures are performed at KHC, including pre- and post-surgery infusion therapies at the Infusion Center.



**Roscoe F. Morton, M.D., FACP**  
Medical Oncology and Hematology Associates  
Ph. 515-223-6605

## Ophthalmology

Dr. Steven C. Johnson treats many types of vision and eye conditions, and performs surgeries at KHC. He is a fellowship-trained corneal and refractive surgery subspecialist,

also treating general ophthalmology, including treatment of cataracts, glaucoma and other ocular disorders.



**Steven C. Johnson, M.D.**  
Wolfe Eye Clinic  
Ph. 515-223-8685

## Orthopedics

If joint pain or injuries limit the way you live, you should know that KHC has the best surgeons and latest technology to provide complete orthopedic care from diagnosis, treatment and surgery to recovery and rehabilitation.

Our orthopedic specialists provide expertise in all manner of orthopedic services: arthroscopic, sports medicine, hip and knee replacement, hand and wrist, foot and ankle, and shoulder surgery.



**Jill Frerichs, DPM, FACFAS**  
Capital Orthopaedics & Sports Medicine  
Ph. 641-842-1441

Dr. Frerichs specializes in podiatric surgery, and is board certified in both foot surgery and reconstructive rear foot and ankle surgery.



**Todd Peterson, D.O.**  
Capital Orthopaedics & Sports Medicine  
Ph. 641-842-1441

Dr. Peterson specialties

include total joint arthroplasty (hip, knee, shoulder), arthroscopic surgery, and sports medicine. He is the only physician in central Iowa certified to perform NAVIO robotics-assisted partial knee replacement.



**Dr. Ian Lin, M.D.**  
DMOS Orthopaedic Centers East  
Ph. 515-299-6361

Dr. Lin's practice encompasses most areas of general orthopaedics, with expertise in joint replacement, arthroscopy and sports medicine, MACI, Mako, and trauma care.

## Orthotics & Prosthetics Services

Knoxville Hospital & Clinics' has partnered with American Prosthetics & Orthotics

of Clive, Iowa, to bring orthotic and prosthetics services close to where our patients live and work. Their certified practitioners have the skill, experience, and education to design and fabricate prostheses and orthoses that help people overcome functional limitations due to accident, illness, or birth defect.



**Adam McFarlane,  
CPO, LPO**  
Ph. 515-223-8900



**Michael Hatfield,  
C.Ped., L.C. Ped**  
Ph. 515-223-8900

### **Patient Advocacy & Case Management**

Patient advocates support and promote patients' rights as they navigate the healthcare system. KHC's patient advocate can focus exclusively on your needs and help you resolve concerns about the quality of your care, get the care you need, and ensure that your voice is heard and that you are included in decision-making. Our patient advocate can also handle any complaints that you have about your treatment or healthcare providers. Patient advocacy services are available to patients at no cost.

**Jill Sage, RN**  
Patient Advocate  
Ph. 641-842-1469

### **Physical Medicine & Rehabilitation**

Physical Medicine & Rehabilitation physicians, also known as physiatrists, treat a wide variety of medical conditions affecting the brain, spinal cord, nerves, bones, joints, ligaments, muscles, and tendons. Dr. Jeffrey Pederson works collaboratively with neurologists,

orthopedists, neurosurgeons, physical and occupational therapists, speech therapists, and primary care providers to look at the "big picture" of improving function, and often create a medical home for complicated patients. Dr. Pederson's services address caregiving, mobility, activities of daily living like dressing, bathing and eating, educational and vocational, and lifespan issues.



**Jeffrey Pederson, D.O.**  
Mercy Medical Center  
Ph. 515-358-7562

### **Plastic Surgery**

Through the services of Dr. Bryan Folkers, KHC offers a wide range of surgical and nonsurgical medical procedures, including: cosmetic surgery, reconstructive surgery, aesthetic plastic surgery, dermatology procedures,

body contouring, skin care treatments, and more. Dr. Folker's goal is to enhance your appearance and listen to what you want to achieve. Based on that information, he will make suggestions and explain exactly what will happen using the latest technology.



**Bryan Folkers, D.O.**  
Bergman Folkers Plastic Surgery  
Ph. 641-842-1441

### **Psychology**

Clinical Psychologist Dr. Tomas Gonzales-Forestier, PH.D., sees patients Monday and Tuesday evenings, and Saturday mornings at the Knoxville Hospital Clinic. Dr. Gonzales-Forestier provides continuing and comprehensive mental and behavioral health care for individuals, couples and families,

including psychological assessments, psychotherapy and counseling.

**Tomas Gonzales-Forestier, Ph.D.**  
Ph. 641-842-2240

### **Pulmonary Rehab (see Cardiac Rehab)**

### **Respiratory Therapy**

KHC's Respiratory Therapy department offers one of the most skilled respiratory care services in the region. Staff provide support and various treatments for patients diagnosed with: pneumonia, asthma, bronchitis, COPD, respiratory distress syndrome, influenza and other respiratory related diseases. They also work to evaluate, treat and care for patients who have had heart attacks, have been involved in an accident, or have cystic fibrosis, lung cancer or AIDS.

**Gary Woodhouse, RRT, Director**  
Respiratory Therapy Department  
Ph. 641-842-1465  
M-F: 8 a.m. - 8 p.m.  
S-S: 8 a.m. - 4:30 p.m.  
On-call personnel are available 24/7

### **Rheumatology**

Rheumatology focuses on diagnosing and treating conditions affecting the joints, muscles and bones. These conditions include many autoimmune diseases that affect the body's immune system by causing inflammation and breaking down connective tissue and related structures of the body. Dr. Boulis specializes in treating rheumatoid arthritis, lupus, myositis, vasculitis, scleroderma and other autoimmune diseases. She is specially trained to deal with a variety of medical problems affecting the joints, bones and muscles.



**Eman Boulis, M.D.**  
Ph. 641-842-1441

### **Skilled Rehabilitation (skilled nursing care)**

Skilled nursing care focuses on the nursing and rehabilitative needs of patients who require short-term recovery following an acute illness, procedure or accident. Patients typically need more nursing care than they would receive at home, but they no longer need the full medical support of the hospital. Medical provider referral is required for a patient to receive skilled rehabilitation services.

**Lisa Oldham, RN, Director**  
Utilization Review  
Department  
Ph. 641-842-1404

### **Sleep Lab**

Sleep studies help healthcare providers diagnose sleep disorders such as sleep apnea, periodic limb movement disorder, narcolepsy, restless legs syndrome, insomnia, and nighttime behaviors like sleepwalking and REM sleep behavior disorder (acting out dreams as you sleep). Sleep studies are offered Monday, Tuesday and Wednesday evenings, and other

evenings if necessary. A medical provider referral is required for a patient to participate in a sleep study.

**Gary Woodhouse, RRT**  
641-842-1465

### **Speech Therapy**

Speech therapy focuses on assessing, diagnosing and treating patients with communication problems that result from disability, surgery or developmental disorders. Our speech language pathologists specialize in the evaluation and treatment of speech, cognitive skills, receptive (understanding speech) and expressive (speaking) language skills, voice quality, fluency and swallowing function.

**Megan Gerjets, M.S. CCC-SLP**  
Central Rehabilitation  
Ph. 515-224-0979

**Kyle Saddoris**  
Central Rehabilitation  
Ph. 515-224-0979

### **Surgical Services**

KHC offers general and specialized surgical procedures. Many of these procedures are available on a same-day, outpatient basis in our newly renovated surgical center.

Dr. Kermode has more than 30 years of experience in performing many types of general surgeries, including advanced and minimally invasive laparoscopic procedures that afford patients the benefit of smaller incisions, less pain, a shortened hospital stay, and fewer heart, lung and wound complications.



**David S. Kermode, D. O.**  
Sees patients on  
Tuesdays and Thursdays  
Ph. 641-842-1439

### **Therapy and Rehabilitation Services**

KHC has partnered with 21st Century Rehab to provide quality physical and occupational therapy services to its patients. Most services are delivered at KHC's new rehabilitation clinic and gym in Knoxville. KHC offers comprehensive inpatient and outpatient rehabilitation services to help patients overcome disability or limitation from injury, overuse, disease, stroke, chronic pain and/or surgery.



**Justin Plum, PT, DPT, OCS, Cert MDT**  
21st Century Rehab  
Ph. 641-842-1464  
Fax 641-842-1478

### **Transitional Care Management (TCM)**

TCM services are established for patients with a medical condition that requires moderate

or high complexity medical decision making during the transition from the inpatient hospital setting, partial hospital, observation status in the hospital, or skilled nursing care to the patient's community setting (home, assisted living, long-term care, etc.). TCM commences upon discharge and continues for 29 days. TCM is comprised of face-to-face and non-face-to-face services, such as patient education, medication reconciliation, and assistance in scheduling any required follow-up with community providers and services.

**Tanya Hopf, RN**  
**Transitional Care Coordinator**  
Ph. 641-842-1416

### **Urology**

KHC's urologist, Dr. Birusingh, provides both medical and surgical treatment for urinary disorders of the male and female urinary tracts, as well as conditions of the male genital tract or reproductive system.



**Kevin Birusingh, M.D.**  
The Iowa Clinic  
Ph. 641-842-1441

### **Vascular**

The body's cardiovascular or circulatory system is made of the heart, blood and blood vessels (arteries and veins). KHC's vascular services are devoted to the diagnosis, treatment and management of circulatory system diseases.



**Douglas W. Massop, M.D.**  
The Iowa Clinic  
Ph. 515-875-9090.

### **Wound Care Clinic**

The Wound Care team at KHC provides specialized out-patient treatment for wounds that do not heal. You may have a non-healing wound if it has not started to heal in two weeks or has not completely healed in six weeks. Common types of non-healing wounds include: diabetic wounds, pressure ulcers, leg ulcers, surgical wounds, arterial ulcers, complex soft tissue wounds, traumatic wounds and infected wounds.

**Rachel Davis, Certified  
Wound Care Nurse**  
Wound Care Clinic  
Ph. 641-842-7003

### **Contact Us**

**EJ McKeever Medical Clinic**  
113 N. Main St.  
Melcher-Dallas, IA 50163  
(641) 947-2121

**Knoxville Hospital**  
1002 S. Lincoln St.  
Knoxville, IA 50138  
(641) 842-2151

**Knoxville Hospital Clinic**  
1202 W. Howard St.  
Knoxville, IA 50138  
(641) 842-7211

**Pleasantville Clinic**  
104 N. Washington St.  
Pleasantville, IA 50225  
(515) 848-3113

**Website:**  
[knoxvillehospital.org](http://knoxvillehospital.org)

Knoxville Hospital & Clinics complies with applicable civil rights laws and does not discriminate, exclude people or treat them differently because of race, color, national origin, age, disability, or sex. ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call: 1-515-282-8269, extension 16. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al: 1-515-282-8269, extensión 19. AUFMERKSAMKEIT: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-515-282-8269, erweiterung 19.

