

2018

# MEDICAL DIRECTORY



 **KNOXVILLE**  
Hospital & Clinics

**YOUR GUIDE TO PROVIDERS, SERVICES,  
SPECIALISTS, AND CLINICS**

WE ARE DELIGHTED  
THAT **100%** OF  
SURGERY PATIENTS  
SAID THEY WERE  
TREATED WITH  
COURTESY AND  
RESPECT.\*

We are focused on just one thing - **YOU**. Our entire team is committed to delivering exceptional healthcare as we are to treating you like a member of our family. That's why we are the premier destination for healthcare services.

Listed in alphabetical order in this booklet are the many healthcare services we offer to patients at convenient times and locations close to where they live and work. **See pages 6 and 7 for a list of our primary care providers.**

\*March-November 2017 Press Ganey Surveys (mean scores)

### Activities and Animal-Assisted Therapy Program

Visits to the hospital can sometimes be too long. But they don't have to be boring. Our activity leader and volunteers coordinate many fun and creative activities for patients and families. During their stay, many patients also enjoy the warm hospitality of our therapy dogs.

**Lynda DeBold**  
Patient Activities  
Ph. 641-842-1279

### Acute Care

Life-threatening emergencies, such as a heart attack or serious head injury, require a visit to the emergency department. Acute Care services are intended to assist patients with an illness or injury that does not appear to be life-threatening, but also can't wait until the next day for treatment. Acute Care providers are Nick Ford, P.A., and Jennifer Wilkin, ARNP.

### Acute Care

Location: Knoxville  
Monday-Friday:  
7:30 a.m. – 7 p.m.  
Saturday: 8 a.m. – 2 p.m.  
Ph. 641-842-7211



**Nick Ford, P.A.**  
Ph. 641-842-7004



**Jennifer Wilkin, ARNP**  
Ph. 641-842-7004

### Allergy Services

If you or your children suffer from allergies, asthma, hay fever, sinusitis, rashes, hives, or reactions to foods or drugs, Allergy Services can help. Examinations, testing and treatments are available.

Allergy clinics are held Tuesdays and Wednesdays for patients receiving immunotherapy vaccine injections.

Allergy Services  
**Michael Van Natta, D.O.**  
Ph. 641-842-7006

Allergy Clinic  
**Teresa Glesener, RN**  
Ph. 641-842-7029

### Anesthesiology

Steve Eck, CRNA, with NorthStar Anesthesia, provides surgical general anesthesia, sedation for non-surgical procedures, regional anesthesia, and acute and chronic pain management services.

### Anticoagulation Clinic

If you have an existing blood clot or are at risk of developing one, you may be referred to the Anticoagulation Clinic to receive anticoagulation (blood thinning) treatments, like warfarin (Coumadin®). A referral from a medical provider is required. The clinic is open Wednesdays, 8 a.m. - 5 p.m.

**Terry Rose, RN**  
Ph. 641-842-7211

### Audiology and Hearing Aid Services

Our visiting specialists offer a full range of audiological services, including complete hearing

evaluations, tinnitus evaluations, hearing aid consultations, hearing aid customization, etc.; and help patients make the best choices regarding their hearing care needs.



**Dean Kayser, AuD, FAAA**  
Kayser Hearing Aid and  
Audiology Centers  
Ph. 515-264-9619



**Cyndi Lister, HAS**  
Woodard Hearing  
Centers  
Ph. 515-276-6122

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### **Blood Transfusion Services**

KHC's Laboratory supports the hospital's Blood Transfusion Services, which provide

blood components and/or products for routine and emergency transfusion of inpatients and outpatients.

**Lori Major, Coordinator**  
Ph. 641-842-1508

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### **Cardiology**

Risk assessment and prevention strategies, along with detection, treatment options and cardiac rehabilitation come together to provide a full spectrum of cardiology services at KHC.

**Iowa Heart Mobile**  
Ph. 641-842-1441



**Jolene Runkel, ARNP**  
Iowa Heart Center  
Ph. 515-235-5000



**William Wickemeyer, M.D.**  
Iowa Heart Center  
Ph. 515-235-5000

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### **Cardiac and Pulmonary Rehab**

Cardiac and Pulmonary Rehabilitation is a specialized program aimed at improving the health and wellness of individuals that have either heart or lung disease. This department also offers periodic smoking cessation classes. *Medical provider referral required.*

**Julie Waltenberger, RN**  
Ph. 641-842-1558

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### **Cardiac Stress Lab**

The Cardiac Stress Lab provides cardiovascular testing and screening services. A cardiac stress test measures how the heart performs in response to exercise or stress; and are often performed to help determine the cause of chest pain or shortness-of-breath. Stress tests

also help diagnose narrowing of the heart's blood vessels, which is indicative of coronary artery disease. *Medical provider referral required.*

**Brian Clarke**  
Nuclear Medicine  
Ph. 641-842-1467

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### **Chronic Care Management (CCM)**

The CCM program consists of non-face-to-face services provided to Medicare beneficiaries who have multiple, significant chronic conditions expected to last a year or longer, and who are at risk of death or functional decline. The program assists patients with: assessing needed health services; coordinating care; enhancing self-management skills, health behaviors and compliance with a plan of care; and maintaining health and functioning. Persons interested in participating in this low-cost, high-value program can learn more by contacting their primary care provider.

**Holly Shinn, RN**  
Clinic Director  
Ph. 641-842-7009

### **Dermatology**

Our visiting dermatology specialists treat everyday skin conditions, such as acne, eczema, skin allergies, and the most difficult of skin conditions. They offer an array of medical, surgical and cosmetic dermatology services to help patients look and feel their best.



**Anne Nelson, ARNP**  
Bergman Folkers Plastic  
Surgery  
Ph. 641-842-1441



**Linda Schilling, MSN, ARNP**  
Skiff Medical Center  
Ph. 641-842-1441

### **Diabetes Center**

KHC's Diabetes Center is a certified diabetes self-management education program recognized by the American Diabetes Association. The center's healthcare team includes a nurse educator, registered dietitian, and physician specializing in diabetes. The center delivers both inpatient and outpatient care, including: coaching, counseling, and education; insulin pump therapy and management; insulin therapy and management; diabetes self-management training; continuous glucose monitoring; and nutritional planning.

**Kari Paige, RDN**  
Ph. 641-842-1519

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### **Emergency Medical Services**

The Emergency department is open 24-hours a day, delivering emergency care to persons suffering from critical illnesses and traumatic injuries. As a critical access hospital, ER staff also provide crucial stabilize-and-transfer functions for patients requiring advanced specialized

care at another medical facility.



**Mohammed Hassan, M.D.**

ER Medical Director

**Kristina Morgan, Coordinator**

641-842-1268  
(Main ER Desk)

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### ENT/Otolaryngology

Otolaryngologist Dr. Nichole Dean offers comprehensive diagnostic and surgical treatment services for adults and children with ear, nose and throat (ENT), and neck, voice, airway, and mouth disorders.



**Nichole Dean, D.O.**  
Ph. 641-842-1441

### Family Medicine

In the increasingly fragmented world of healthcare, one thing remains constant - your primary care provider. Family medicine's cornerstone is an ongoing, personal patient-provider relationship focusing on coordinated care delivered over your lifetime. It's a place you can call your "Medical Home." Our Family Medicine clinics are located in Knoxville, Melcher-Dallas, Pella, and Pleasantville.

These are KHC's primary care providers. If you have any questions concerning the family medicine clinics and their services, contact:

**Holly Shinn, Director, Clinic Staff**

Ph. 641-842-7009



**Brandi Booth, ARNP**  
Ph. 515-848-3113



**Laci Dykstra, ARNP**  
Ph. 641-842-7007



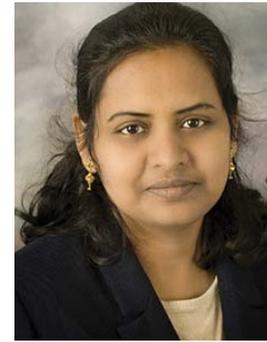
**Martha Errthum, D.O.**  
Ph. 641-842-7006



**Brent Hoehns, M.D.**  
Ph. 641-842-7004



**Cynthia Hoque, D.O.**  
Ph. 641-842-7004



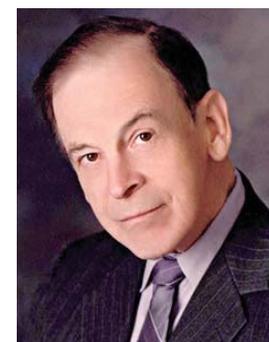
**Bhama J., M.D.**  
Ph. 641-842-7006



**Ryan Laughlin, D.O.**  
Ph. 641-842-7006



**James Law, D.O.**  
Ph. 641-842-7007



**Earl J. McKeever, M.D.**  
Ph. 641-842-7005



**Shannon Remington, D.O.**  
Ph. 641-842-7005



**Natalie Rowley, P.A.**  
Ph. 641-842-7007



**Michael Van Natta, D.O.**  
Ph. 641-842-7006

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### Health Coach

KHC's health coach educates and supports patients to achieve their health goals through lifestyle and behavior adjustments.

**Danise Hyatt, RN**  
Health Coach  
Ph. 641-842-7008

## Hematology

(see *Oncology and Hematology*)

## Hospital (Medical-Surgical Unit)

Our healthcare team goes the extra mile to provide hospitalized patients with a safe and comfortable environment so they can focus on their recovery. Patients are generally under the care of a hospitalist physician or specialist, nursing staff, and a patient care team, which may include: a transitional care coordinator, patient experience advocate, pharmacists, respiratory therapists, dietitian, and physical, occupational, and speech therapists.

### Larry Van Baale, Coordinator

Ph. 641-842-1592

## Imaging

The Imaging department is dedicated to providing the highest-quality diagnostic images possible - with the highest level of patient safety. Services offered include: diagnostic radiology; diagnostic ultrasound, including vascular imaging; computerized tomography (CT) scan;

magnetic resonance imaging (MRI); bone density scanning; electrocardiogram (EKG); nuclear medicine scan; and digital mammography.

### Michelle Irwin, RT (R) (M)(CT), Director

Ph. 641-842-1466

## Infection Prevention

The main focus of the Infection Prevention department is the prevention, management and control of communicable diseases. The department strives to ensure a healthy, safe environment for patients, as well as employees and visitors.

### Barb Anderson, Director

Ph. 641-842-1458

## Infusion Center

KHC's Infusion Center provides outpatient ambulatory infusion therapy in a comfortable and convenient location. The center offers a range of infusion therapies, including, but not limited to: antibiotic therapy and traditional IV medications, hydration therapy, blood transfusions, and anti-rejection medication. Flexible scheduling.

Monday through Friday, 7 a.m. - 3:30 p.m., with added availability on weekends, as needed. *Referral from a medical provider is required*

### Sue Flander, RN, CRNI

Ph. 641-842-1510

## Inpatient Hospice Care

KHC's hospice care includes:

- **General Inpatient Care** for persons with pain or symptoms that cannot be managed successfully at home.
- **Respite Inpatient Care** for hospice patients when primary caregivers need a break, which is normal and often necessary for the physical and emotional well-being of the caregiver.
- **Final Care** for patients who are unable to remain at home during the last days of life.

Inpatient hospice care services are arranged in coordination with the patient's outpatient hospice care provider and primary care provider.

## Inpatient Pharmaceutical Services

KHC's Pharmacy department provides comprehensive, inpatient pharmacy service to patients who are in the hospital, surgical center, Infusion Center, Acute Care, Emergency Department, and other service areas.

### Troy Padellford, R.Ph. Director

Ph. 641-842-1433

## Laboratory

The Laboratory Department provides emergency, inpatient and outpatient testing services 24 hours a day, seven days a week. The full-service laboratory provides a wide range of diagnostic tests that healthcare providers rely on to help their patients remain healthy, and provide support for hundreds of medical conditions. Some laboratory services are also provided at our clinics in Pella, Pleasantville and Melcher-Dallas. KHC's laboratory is CLIA certified and Medicare approved.

### Lori Major, Coordinator

Ph. 641-842-1459

## Medicare Wellness Clinic

All Medicare beneficiaries are eligible to participate in a Medicare-covered "Welcome to Medicare" preventive visit and yearly "Wellness" visits. These visits are intended to help patients prevent disease, improve their health and stay well.

### Terry Rose, RN

Ph. 641-842-7211

## Nuclear Medicine

Nuclear Medicine is a medical imaging specialty that is used to diagnose and treat diseases in a safe and painless way. Nuclear medicine refers to a drug that is attached to a small quantity of radioactive material (a radioisotope). Common nuclear medicine imaging include scans of the brain, breast, bone, gastrointestinal system, heart, liver, gallbladder, bile ducts, kidney, and thyroid. *Medical provider referral is required.*

### Brian Clarke

Knoxville Nuclear  
Medicine  
Ph. 641-842-1467

## Nutrition Services & Cafe

KHC's Nutrition Services department serves patients, families, visitors, and employees. The department prepares three nutritious meals daily, as well as ready-to-go-foods. Staff also support the 24/7 beverage and snack service. In addition, Nutrition Services provides catering services for meetings and events.

### Kari Paige, RDN

Ph. 641-842-1519

## Obstetrics & Gynecology

KHC supports women throughout their lifelong journey from childbearing age to menopause and beyond. KHC's obstetrics and gynecology services include: annual exams; prenatal and postpartum care; evaluation and treatment of gynecology conditions; care for menopause; and contraceptive care. Childbirth services are provided by experts with Mercy's Women & Infants' Center in Des Moines. At Mercy, patients have access to the best available care, including specialized

labor/delivery rooms, OB ED and Antepartum Unit, Variety Neonatal Intensive Care Unit, and lactation consultants. Following delivery, new moms and their babies return to the care of their local primary care provider.



**Tamara Dassanayake, MD, F.A.C.O.G.**  
Obstetrical & Gynecological Associates P.L.C. of Des Moines  
Ph. 515-288-3287

### Occupational Health

The goal of our Occupational Health services is to build a strong working relationship with businesses and industries to ensure the safety and good health of their employees. KHC offers a variety of occupational health services throughout its healthcare system, and is willing to work with each industry or business to customize a

program that meets their individual needs.

**Nancy Greiner, RN**  
Ph. 641-842-1440

### Oncology and Hematology

Medical oncology is the specialty devoted to the care of people with cancer. This includes prevention, diagnosis, treatment, and follow-up care of people who are at risk or have experienced cancer.

Hematology is the specialty devoted to the care of people with a variety of blood disorders, both benign and malignant.

Oncologists/hematologists Dr. Amy E. Hughes and Dr. Roy Molina are visiting specialists from Medical Oncology and Hematology Associates of Iowa who care for patients at the Knoxville Clinic.

In addition to their services, KHC provides a range of support services, such as primary care, nutrition services, laboratory, imaging, and infusion therapy for patients with cancer or blood disorders. KHC also performs cancer screenings.



**Amy E. Hughes, D.O.**  
Medical Oncology and Hematology Associates of Iowa  
Ph. 515-223-6605



**Roy Molina, M.D.**  
Medical Oncology and Hematology Associates of Iowa  
Ph. 515-223-6605

### Ophthalmology

Dr. Steven C. Johnson treats many types of vision and eye conditions, and performs surgeries at KHC. He is a fellowship-trained corneal and refractive surgery subspecialist, also treating general ophthalmology,

including treatment of cataracts, glaucoma and other ocular disorders.



**Steven C. Johnson, M.D.**  
Wolfe Eye Clinic  
Ph. 515-223-8685

### Orthopaedics

If joint pain or injuries limit the way you live, you should know that KHC has the best surgeons and latest technology to provide complete orthopaedic care. Our orthopaedic specialists provide expertise in the following areas: arthroscopic procedures, sports medicine, soft tissue repair, hip and knee replacement, robotics-assisted partial and total knee replacement, hand and wrist surgery, foot and ankle surgery, and shoulder surgery.



**Jill Frerichs, DPM, FACFAS**  
Capital Orthopaedics & Sports Medicine  
Ph. 641-842-1441

Dr. Frerichs specializes in podiatric surgery, and is board certified in both foot surgery and reconstructive rear foot and ankle surgery.



**Todd Peterson, D.O.**  
Capital Orthopaedics & Sports Medicine  
Ph. 641-842-1441

Dr. Peterson's specialties include total joint arthroplasty (hip, knee, shoulder),

arthroscopic surgery, and sports medicine. He is certified to perform NAVIO robotics-assisted partial and full knee replacement.

### Orthotics & Prosthetics Services

KHC has partnered with American Prosthetics & Orthotics of Clive, Iowa, to bring orthotic and prosthetics services close to where our patients live and work. Their certified practitioners have the skill, experience, and education to design and fabricate prostheses and orthoses that help people overcome functional limitations due to accident, illness, or birth defect.



**Adam McFarlane, CPO, LPO**  
American Prosthetics & Orthotics of Clive,  
Ph. 515-223-8900



**Michael Hatfield, C.Ped., L.C. Ped**  
American Prosthetics & Orthotics of Clive,  
Ph. 515-223-8900

### Patient Advocacy/ Patient Experience

KHC prides itself on the exceptional care provided by our staff. On occasion, however, some patients and family members have concerns or further questions about the treatment or care being offered. For these instances, KHC offers a sympathetic ear to listen to patients and help them navigate through any issues. Our patient experience director is dedicated to assisting patients resolve issues, and document any grievances and forward them to the Operations Team for proper review.

**Ginny Krichau, RN, Director**  
Ph. 641-842-1477

### Physical Medicine & Rehabilitation

Dr. Jeffrey Pederson cares for patients with a variety of medical conditions affecting the brain, spinal cord, nerves, bones, joints, ligaments, muscles, and tendons. He collaborates with other medical providers and specialists by looking at the “big picture” of improving patient function. Dr. Pederson’s services address caregiving, mobility, activities of daily living like dressing, bathing and eating, educational and vocational, and lifespan issues.



**Jeffrey Pederson, D.O.**  
Mercy Medical Center  
Ph. 515-358-7562

### Plastic Surgery

Dr. Bryan Folkers specializes in cosmetic and reconstructive surgery, body contouring, hand surgery, and non-surgical cosmetic procedures.



**Bryan Folkers, D.O.**  
Bergman Folkers Plastic Surgery  
Ph. 641-842-1441

### Psychology

Clinical Psychologist  
Dr. Tomas Gonzales-Forestier, PH.D. provides continuing and comprehensive mental and behavioral health care for individuals, couples and families, including psychological assessments, psychotherapy and counseling.

**Tomas Gonzales-Forestier, Ph.D.**  
Ph. 641-842-2240

### Pulmonary Rehab

(see Cardiac Rehab)

### Respiratory Therapy

KHC’s Respiratory Therapy department offers one of the most skilled respiratory care services in the region. Staff provide support and various treatments for patients diagnosed with: pneumonia, asthma, bronchitis, COPD, respiratory distress syndrome, influenza and other respiratory related diseases. They also work to evaluate, treat and care for patients who have had heart attacks, have been involved in an accident, or have cystic fibrosis, lung cancer or AIDS.

### Gary Woodhouse, RRT, Director

Ph. 641-842-1465  
M-F: 8 a.m. - 8 p.m.  
S-S: 8 a.m. - 4:30 p.m.  
On-call personnel are available 24/7

### Rheumatology

Rheumatology focuses on diagnosing and treating conditions affecting the joints, muscles and bones. These conditions include many autoimmune diseases that affect the body’s immune system by causing inflammation

and breaking down connective tissue and related structures of the body. Dr. Boulis specializes in treating rheumatoid arthritis, lupus, myositis, vasculitis, scleroderma and other autoimmune diseases.



**Eman Boulis, M.D.**  
Ph. 641-842-1441

### Skilled Nursing Care

Skilled nursing care focuses on the nursing and rehabilitative needs of patients who require short-term recovery following an acute illness, medical procedure or accident. Skilled nursing care may include services such as occupational therapy, physical therapy, speech therapy, complex wound care, and IV antibiotic therapy. *Medical provider referral is required.*

**Lisa Oldham, RN, Director**  
Utilization Review Department  
Ph. 641-842-1404

### Sleep Disorders Clinic

The Sleep Disorders Clinic sees adults and pediatric patients with conditions and symptoms that include obstructive sleep apnea, narcolepsy, parasomnias, periodic limb movements in sleep, seizures in sleep, and other sleep disorders. The clinic offers home sleep tests and nocturnal polysomnography (overnight monitoring of a patient’s sleep at the Sleep Lab). Test results are analyzed by the clinic’s Medical Director, Melisa A. Coaker, M.A., MD. Testing services are provided by Practical Sleep Services. Accredited by the Accreditation Commission for Health Care, assuring patients receive the highest quality of care.

**Gary Woodhouse, RRT**  
641-842-1465

## Speech Therapy

Speech therapy focuses on assessing, diagnosing and treating patients with communication problems that result from disability, surgery or developmental disorders. Our visiting speech language pathologists specialize in the evaluation and treatment of speech, cognitive skills, receptive (understanding speech) and expressive (speaking) language skills, voice quality, fluency, and swallowing function.

**Megan Gerjets, M.S.  
CCC-SLP**  
Central Rehabilitation  
Ph. 515-224-0979

**Kyle Saddoris**  
Central Rehabilitation  
Ph. 515-224-0979

## Surgery

The caring surgeons, anesthesiologists, nurses and staff within KHC's Surgery department deliver exceptional care, while providing a comfortable, personalized experience for patients. Surgeons who perform services at KHC represent a range of disciplines, including ear/nose/throat (ENT), general surgery, thoracic

surgery, gynecology, orthopaedic, podiatry, ophthalmology, plastic surgery, urology, and vascular. Specialty surgery practices are listed herein separately by medical discipline. Featured in this section are KHC's general and thoracic surgeons.



**Dapka Nicholas  
Baccam, M.D.**  
General Surgery



**Paul Conte, M.D.**  
General and Thoracic  
Surgery

For questions regarding the Surgery Department, contact:

**Melanie Funk, RN,  
Surgery Manager**  
Ph. 641-842-1441

## Therapy and Rehabilitation Services

KHC has partnered with 21st Century Rehab to provide quality physical and occupational therapy services to its patients. Most services are delivered at KHC's rehabilitation clinic and gym in Knoxville. Staff offer comprehensive inpatient and outpatient rehabilitation services to help patients overcome disability or limitation from injury, overuse, disease, stroke, chronic pain and/or surgery.



**Justin Plum, PT, DPT,  
OCS, Cert MDT**  
21st Century Rehab  
Ph. 641-842-1464  
Fax 641-842-1478

## Transitional Care Management (TCM)

TCM nurse case managers plan, facilitate and coordinate care to prepare patients (and their families) for discharge from the hospital and into the patient's community setting (home, assisted living, long-term care, etc.). TCM commences upon discharge and continues for 29 days. TCM is comprised of face-to-face and non-face-to-face services, such as patient education, medication reconciliation, and assistance in scheduling any required follow-up with community providers and services.

**Jill Sage, RN**  
Ph. 641-842-1469

**Rechelle Gamble, RN**  
Ph. 641-842-1416

## Urology

Dr. Kevin Birusingh, provides both medical and surgical treatment for urinary disorders of the male and female urinary tracts, as well as conditions of the male genital tract or reproductive system.



**Kevin Birusingh, M.D.**  
The Iowa Clinic  
Ph. 641-842-1441

## Vascular

The body's cardiovascular or circulatory system is made up of the heart, blood and blood vessels (arteries and veins). Dr. Douglas Massop's practice is devoted to the diagnosis, treatment and management of circulatory system diseases.



**Douglas W. Massop, M.D.**  
The Iowa Clinic  
Ph. 515-875-9090

## Wound Care Clinic

The Wound Care team at KHC provides specialized out-patient treatment for wounds that do not heal. You may have a non-healing wound if it has not started to heal in two weeks or has not completely healed in six weeks. Common types of non-healing wounds include: diabetic wounds, pressure ulcers, leg ulcers, surgical wounds, arterial ulcers, complex soft tissue wounds, traumatic wounds and infected wounds.

**Rachel Davis, Certified  
Wound Care Nurse**  
Wound Care Clinic  
Ph. 641-842-7003

## Contact Us

**Knoxville Hospital**  
1002 S. Lincoln St.  
Knoxville, IA 50138  
(641) 842-2151

**Knoxville Clinic**  
1202 W. Howard St.  
Knoxville, IA 50138  
(641) 842-7211

**EJ McKeever Medical Clinic**  
113 N. Main St.  
Melcher-Dallas, IA 50163  
(641) 947-2121

**Red Rock Healthcare-Pella**  
616 Washington St.  
Pella, IA 50219  
(641) 628-2222

**Pleasantville Clinic**  
104 N. Washington St.  
Pleasantville, IA 50225  
(515) 848-3113

**Website:**  
[knoxvillehospital.org](http://knoxvillehospital.org)

Knoxville Hospital & Clinics complies with applicable civil rights laws and does not discriminate, exclude people or treat them differently because of race, color, national origin, age, disability, or sex. ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call: 1-515-282-8269, extension 16.  
ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al: 1-515-282-8269, extensión 19. AUFMERKSAMKEIT: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-515-282-8269, erweiterung 19.

