

HEALTHCARE DESTINATION

Fall 2018 - Special Cancer Program edition

It takes just
15 minutes

Mammogram



Tobacco use is the single largest preventable cause of cancer

Quitters Always Win

**NOW OFFERING
Chemotherapy**

Now available at KHC's Infusion Center in Knoxville, close to where our patients live and work.



 **KNOXVILLE**
Hospital & Clinics
Knoxvillehospital.org

What Makes a Cancer Program Exceptional?

1 quality care
Rigorous standards and highest performance outcomes

5 team
Our caring medical team is there from the time you are diagnosed



4 technology
Most accurate cancer detection technologies

2 physicians
Highly trained, specialized oncologists

3 access
Care you need close to home





Exceptional cancer care, close to home

Knoxville Hospital & Clinics (KHC) offers a comprehensive Cancer Program, with services ranging from early detection to chemotherapy and infusion treatments to surgery and more. Services include:

- Sophisticated diagnostic imaging technologies, laboratory and pathology, and pharmacy
- Early detection and prevention screenings
- Skilled primary care physicians and specialized nursing staff
- Infusion Center, offering chemotherapy and other treatments
- Oncologists Drs. Amy Hughes and Roy Molina
- Surgery-related services
- Wide range of ancillary services for cancer patients



*Early
detection
saves lives.*

What's the key to surviving breast cancer? You.

It takes approximately 15 minutes to complete a mammogram once a year starting at age 45.

On average, women spend an astonishing 35 minutes daily on Facebook, 25 minutes on Snapchat and Instagram, 40 minutes on YouTube, and 1 minute on Twitter.

Spending 15 minutes on a #mammogram could save your life; 35 minutes on #Facebook is time loss in the battle against breast cancer.

@YOU, an annual mammogram can detect cancer early - when it is most treatable. Mammograms can show changes in the breast up to two years before a patient or physician can detect them. #GETONE #SAVEYOURLIFE



You've quit smoking. Now, quit worrying.

KHC offers screening for people at high risk for lung cancer. The simple and quick scan, called a low-dose computed tomography (LDCT), is the only recommended screening test for the disease. If caught early, lung cancer can be treated with surgery and survival rates can dramatically improve.

In fact, five-year survival rates for people with non-small cell lung cancer can increase from 15 percent to 84 percent when caught early. You may benefit from annual screening **if all of these are true:**

- You are between 55 and 80 years old.
- You currently smoke; or you quit in the last 15 years.
- You smoked an average of at least 1 pack a day for 30 years or 2 packs a day for 15 years.

If you think you qualify for the screening, ask your primary care provider for a referral.



Mythbusting the colonoscopy

Getting screened for colorectal cancer, starting at age 50 for most people, is a “no-brainer.” The benefits far outweigh the most “difficult” part, drinking a solution that empties your bowels before the procedure.

- It's affordable; screenings are covered by insurance.
- It's an outpatient procedure; no hospital stay.
- It's comfortable. You are given anesthesia and pain medication; some patients may have vague or no recollection of the procedure. A lot of people wake up and ask, “Have you started yet?”

Cancer prevention starts with pre-teens

Human papillomavirus (HPV) vaccine protects against cancers caused by HPV infection. HPV is a common virus that infects teens and adults. HPV can cause cancer in both men and women.

All 11-12 year olds should get two shots of HPV vaccine six to 12 months apart. Getting vaccinated on time protects preteens long before being exposed to the virus.

See one of KHC's primary care providers to get your child vaccinated.



1002 S Lincoln St.
Knoxville, IA 50138



Reconstructive surgery helps cancer patients reshape their self-image

Ridding the body of cancer is the primary goal of cancer treatment. But some procedures change how patients look, feel, or function, which can affect their quality of life.

Post-surgical reconstruction performed by Dr. Bryan Folkers at KHC is making a difference in the lives of cancer patients. Dr. Folkers specializes in breast reconstruction following mastectomy.

Select a Location Convenient for You

Acute Care

1202 W. Howard St., Knoxville, IA
Ph. (641) 842-7211

Family Medicine Clinics

Knoxville Clinic

1202 W. Howard St., Knoxville, IA
Ph. (641) 842-7211

EJ McKeever Medical Center

113 N. Main St., Melcher-Dallas, IA
Ph. (641) 974-2121

Red Rock Healthcare

615 Washington St., Pella, IA
Ph. (641) 628-2222

Pleasantville Clinic

104 N. Washington St., Pleasantville, IA
Ph. (641) 848-3113

Emergency Department

Call 911 for life-threatening emergencies.

Knoxville Hospital

1002 S. Lincoln St., Knoxville
Ph. (641) 842-2151

Upcoming Events

Ovarian Cancer Awareness & Prostate Cancer Awareness Month
September 2018

Breast Cancer Awareness Month & Girls' Night Out
October 2018

Job Openings

Search and apply at:
knoxvillehospital.org
Equal Opportunity Employer

Knoxville Hospital & Clinics complies with applicable civil rights laws and does not discriminate, exclude people or treat them differently because of race, color, national origin, age, disability, or sex. ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call: 1-515-282-8269, extension 16.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al: 1-515-282-8269, extensión 19.

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